



# LAHJA April 2018 News

## President's Message

Flowers are blooming, the weather is warming, and foals are being born! I have recently seen photos and videos on social media of newly born foals finding their legs and learning how to walk. It is fun to imagine that one day these foals might be showing on the LAHJA circuit.

As we prepare for the summer months, now is a great time to do spring cleaning around the barn. Blankets can be sent out for cleaning and repair, and then stored for next winter. I have found that a good quality blanket storage bag can hold a heavy winter blanket and a couple of day sheets. If you have multiple horses this is a neat clean way to keep your blankets organized. Now is also a time to wash and sanitize saddle pads, grooming equipment, and horse boots to get rid of any bacteria or fungus that may have been hanging around during wet winter months.

Start the spring show season fresh and clean! I'm looking forward to seeing you all out at the shows. Please read on to learn about important changes to our Horsemastership Program, upcoming horse show dates, and fun member profiles.

Happy Spring!

Kay Altheuser  
President, LAHJA



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## ***On the Calendar***

- **April 26-29** 97th Annual Flintridge Show
- **May 11-13** Camelot Spring Festival
- **May 18-20** LEG Verdugo Hills May
- **May 24-27** LEG Memorial Day Classic

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## **▣ Medal Finals ▣**

LAHJA Rosewood and Betsy Wood Horsemanship Medal Finals will be held at the Huntington Beach Summer Classic (Aug. 9-12).

LAHJA Junior, Senior, and Pony Medal Finals will be held at Gold Coast October (Oct. 19-21).



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## ***The Equestrian Minute***

Education is an important aspect of LAHJA, and the association strives to educate members about horsemanship, horse care, knowledge of association and show rules, and more. The Equestrian Minute features videos from Bernie Traurig's Equestrian Coach.

EquestrianCoach.com is the world's leading online equestrian education source, providing hundreds of video topics by equestrian superstars and top training professionals. As a special benefit to LAHJA members, EquestrianCoach.com offers a special discount on subscriptions to the site. To sign up, simply go to [www.EquestrianCoach.com](http://www.EquestrianCoach.com) and click on "JOIN". Be sure to put "LAHJA" in the coupon code box to get your 20% discount.

Click here to watch [this month's video on Jumping Releases by Karen Healey](#).

In this topic, Karen demonstrates with various techniques for releasing over the jump, depending on the rider's skill level, from the basic "grab mane" release to the automatic release.

Look for next month's Equestrian Minute, where we will discuss another Equestrian Coach video. Also, be sure to check out the Equestrian Coach website for many more helpful videos.

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## ***Horsemastership Program***

LAHJA encourages members to participate in the Horsemastership Program.

There is a new age limit for the LAHJA Horsemastership Scholarship program! You can now compete through college up to age 21.

We have a new two level competition program:

Horsemastership Level 1 is for those who want to "try" the program. Participants will still compete in all three phases, but the materials will be less rigorous. The Written Phase is USHJA Horsemanship Quiz Level 1 and the Stable Management Phase will focus on basic to intermediate skills. Participants will compete for overall awards and prizes, but will not be eligible for the scholarship funds.

Horsemastership Level 2 is for those wishing to compete for the \$5,000 scholarship. The Written Phase consists of USHJA Horsemanship Quiz Level 2 and Stable Management Phase will test participants on comprehensive knowledge and skills.

The Riding Phase consists of a video of the participant in competition during the 2018 show season. You may use a hunter, jumper, or equitation round, but you will be judged on equitation standards.

Early this summer we will offer a webinar to help you prepare for the LAHJA Horsemastership competition.

Be sure to sign up and be prepared to show off your horsemanship knowledge. Visit the LAHJA website for more information

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## ***★LAHJA Silent Auction★***

Our annual silent auction will be held during the Huntington Beach Surf Classic.

Funds we raise are used to support our educational programs. The LAHJA Horsemastership program is our flagship activity, where each year we award a total of \$5000 in college scholarships to the top three overall winners.

Date– July 7, 2018

Location – Huntington Beach Surf Classic

To make donations to the auction contact – Carolyn Biava – [firstfieldfarm@yahoo.com](mailto:firstfieldfarm@yahoo.com) or Charlotte Robson [ceskinner@earthlink.net](mailto:ceskinner@earthlink.net) or see any LAHJA board member. Donation forms can be found on our website.

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## ***Member Profile: Brooke Mostman***



At Verdugo Hills April (Apr. 13-14), Brooke won the LAHJA Rosewood Medal Class and she is looking forward to competing in the Rosewood Medal Final this year.

The fourteen-year-old balances her time between riding everyday and doing her schoolwork." I've been riding for about six years, but I just started competing three years ago."

"Skywalker is seven-years-old and he's super sweet. He loves to nuzzle your face. I've had him for about six months. We got him as a baby and went straight to medal finals. My first time riding him was in a medal final."

I love showing and hanging out with my horse friends and spending time with the horses.

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**🏆 Year-End Awards 🏆**



LAHJA offers members opportunities to compete for Year-End ribbons, trophies, and trophy tack trunks.

If you are interested in sponsoring a perpetual trophy, please contact LAHJA Executive Director, Charlotte Skinner-Robson at [ceskinner@earthlink.net](mailto:ceskinner@earthlink.net)

## Thank you to our existing sponsors:

- **Everwood Stables:** Large Pony Hunter
- **Shadowbrook:** A Equitation 14 & Under
- **Shining Star Trophy:** A Equitation 14 & Under
- **Jigsaw Farms:** A Equitation 15-17
- **Langer Equestrian Group:** Child/Adult Amateur Jumpers

Betsy Woods Memorial Trophy given to the trainer of the LAHJA Horsemanship Medal Finals.



Click here to visit our website for more information

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